

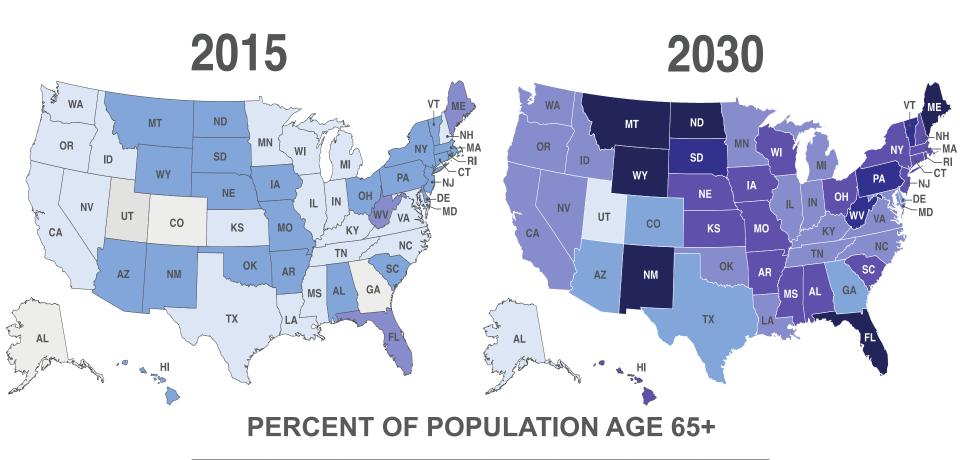
How to Mobilize and Turn Volunteers

Into Leaders in Your Community

Rebecca Delphia AARP Livable Communities



Aging America

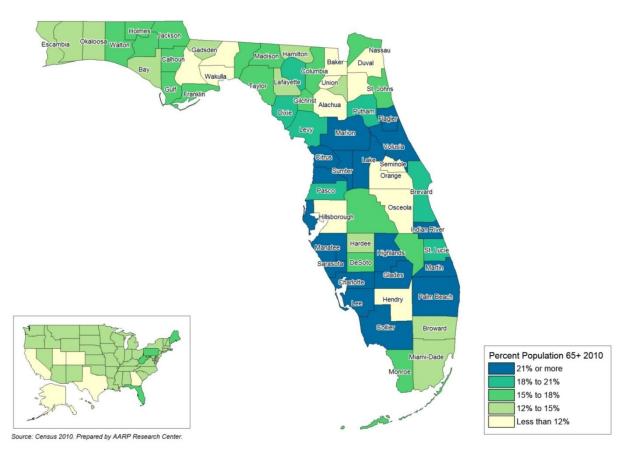


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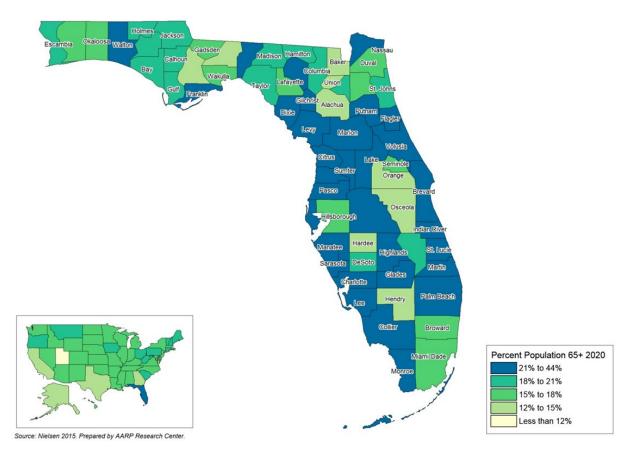
Source: US Census

Aging Florida





Aging Florida





THE WALL STREET JOURNAL

Home World U.S. Politics Economy Business Tech Markets Opinion Life & Arts Real Estate WSJ. Magazine

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U.S.







An Immigration Debate Distinct From Economic Realities









Elderly in U.S. Are Projected to Outnumber Children for First Time

Census Bureau predicts milestone will be hit within 17 years

By Paul Overberg and Janet Adamy

Updated March 13, 2018 9:13 p.m. ET

People over 65 years old would outnumber children by 2035, a first in U.S. history, according to updated projections released by the Census Bureau on Tuesday.

The milestone would be the latest marker of the nation's aging, which has accelerated with baby boomers' move into their senior years and recessionary effects on births and immigration over the past decade.

Most Popular Videos



March 13, 2018



A 10-year American child today has a



chance of living to 100+.



From the AARP Policy Book

A livable community is one that is safe and secure, has affordable and appropriate **housing** and **transportation** options, and has supportive **community features** and services. Once in place, those resources enhance personal independence; allow residents to age in place; and foster residents' **engagement** in the community's civic, economic, and social life.



Older people want to live in the community they call home



77%

Strongly agree with the statement, "I would like to remain in my community as long as possible."

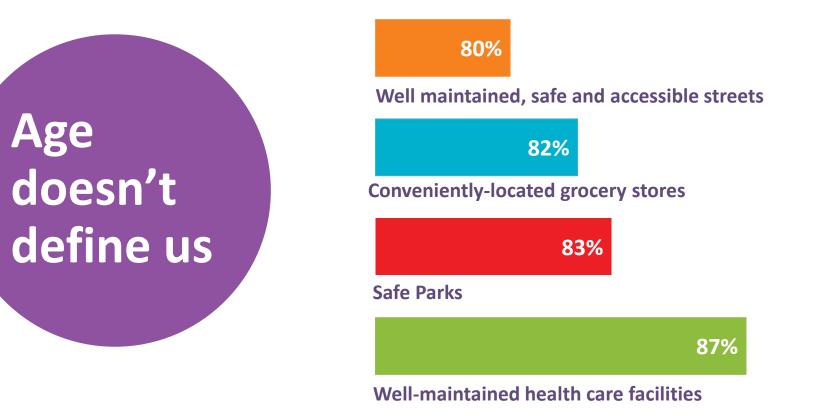
76%

Strongly agree with the statement, "I would like to remain in my current home as long as possible."



Source: 2018 AARP Home and Community Preferences Survey: A National Survey of Adults Age 18+

Millennials and baby boomers have similar preferences for walkable, mixed-use neighborhoods.





Source: 2018 AARP Home and Community Preferences Survey: A National Survey of Adults Age 18+

Are communities ready?





American homes have traditionally been designed and built for able-bodied 35 year olds.

For the past 50 years, communities have developed around motor vehicles as the principal form of transportation.



AARP Network of Age-Friendly States and Communities



Map updated August 24, 2018

Volunteer Engagement in Livable Communities

- Provide a credible presence within each community
- Deliver knowledge of the community's history
- Bring networking resources, including knowledge, skills and contacts
- Offer issue-area expertise
- Inspire and motivate people to improve communities
- Build capacity for community and state initiatives



- Community Volunteers
- Issue Area Volunteers
- Community Volunteer Leaders
- Statewide Volunteer Leaders
- Service Year Members



Community Volunteers

- Volunteers around the country coordinate and support Livable Communities advocacy and programmatic priorities through events and outreach activities.
- Issue Area Volunteers
- Community Volunteer Leaders
- Statewide Volunteer Leaders
- Service Year Members



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- Issue Area Volunteers
 - For volunteers with issue expertise, specific roles can be created to leverage their skills and knowledge.
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- Statewide Volunteer Leaders
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 - Volunteer leaders can play an important role in coordinating and supporting livability work throughout their state.
- Service Year Members



- Community Volunteers
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- Service Year Members
 - Service Year Members volunteers who dedicate a year of full-time service to an organization — can be engaged in efforts to increase capacity to accomplish livable communities goals without over-extending budgets.



Half of the 50+ adult survey respondents said that it is extremely or very important for older adults to have volunteer opportunities that allow them to actively engage in their community.

Top three volunteer opportunity features for people age 50+

- Transportation to and from volunteer activities for those who need it
- Opportunities for older adults to participate in decision-making bodies such as community councils or committees
- A range of volunteer activities to choose from



Tips for Engaging 50+ Volunteers

- 1. Consider how to leverage their skills and experience.
- 2. Professional associations can be helpful for recruiting professionals or retired professionals with specialized skill sets. People who show up at meetings and events related to your issue area may wish to get involved in other ways.
- 3. By offering a range of opportunities, people can choose how they'd like to take part in a community effort or program.
- 4. Utilizing proven volunteer engagement practices is essential, regardless of a person's age.
- 5. Show how their contributions impact the community and make it a better place by solving challenges and inspiring change.



What we do, we do for all





AARP Florida and Role of Livable Community Ambassadors

Laura Cantwell AARP Florida

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Statewide Efforts

Safe Mobility for Life Coalition <u>www.safeandmobileseniors.org</u>

Pedestrian & Bicycle Coalition *Alert Today/ Alive Tomorrow* <u>www.alerttodayflorida.com</u>



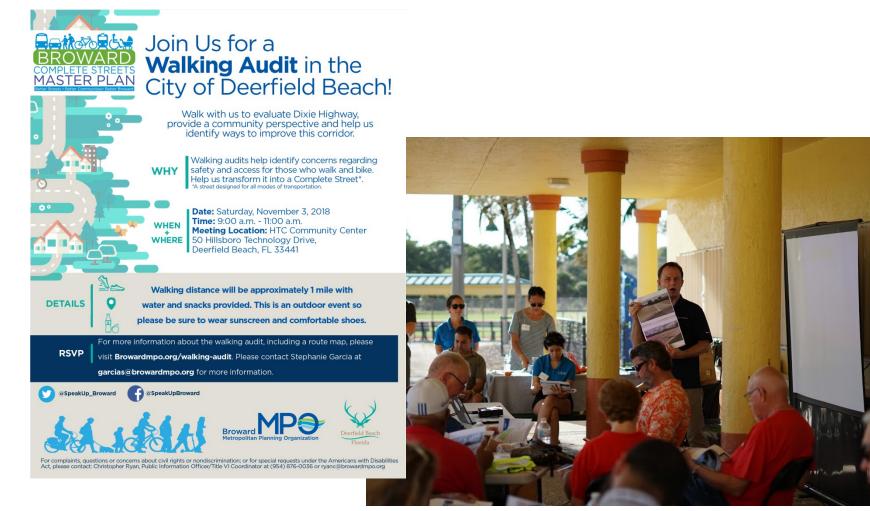
Florida Transportation Plan (FTP) and Strategic Intermodal System (SIS) Policy Plan <u>http://floridatransportationplan.com</u>



AARP Walk Audit Toolkit



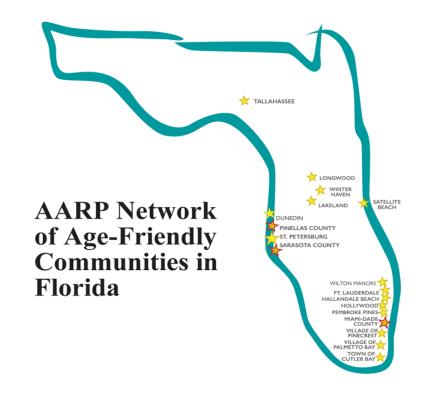
Walk Audit Example: Broward MPO



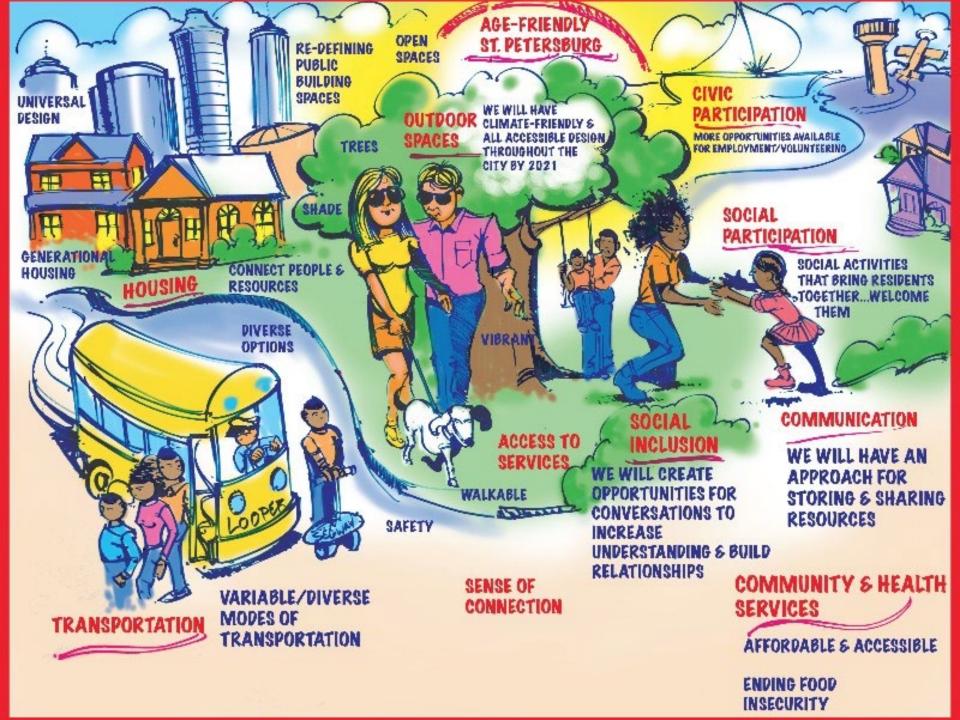


AARP Network of Age-Friendly Communities

Coral Gables Cutler Bay Dunedin Fort Lauderdale Hallandale Beach Hollywood Lakeland Longwood Miami Miami-Dade County Miami Lakes Palmetto Bay Pembroke Pines Pinecrest Pinellas County Pompano Beach Sarasota County Satellite Beach St. Petersburg Tallahassee Wilton Manor Winter Haven New Port Richey







- Community Volunteers
- Issue Area Volunteers
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 - Volunteer leaders can play an important role in coordinating and supporting livability work throughout their state.
- Service Year Members



Statewide Volunteer Leader

Broward cities join AARP 'Age-Friendly Communities'

By Helen Wolt · Contact Reporter

South Florida Sun-Sentine



Membership means the cities are working to accommodate an aging population.

Get the Morning Update newsletter, South Florida's best weekday news digest

Enter your email

JULY 10, 2017, 10:57 AM

C ities that accommodate all residents as they grow up and grow old are joining a global movement of age-friendly communities. Locally, Fort Lauderdale, Hallandale Beach and Hollywood are among Broward County cities that have joined the AARP Network of Age-Friendly Communities.

The goal is to encourage the growth of well-designed, livable places. People will stay healthy and active if they can get around easily and access services, health and recreation.

"What's good for an 80-year-old is good for an 8-year-old," said Ken Reinhardt, an AARP executive council member and volunteer. For instance, damaged or missing sidewalks hinder a teen on a skateboard as well as seniors.

"It's not a matter of catering to seniors but allowing them to be able to stay engaged in the community," Reinhardt said.





AARP Network of Age-Friendly Communities

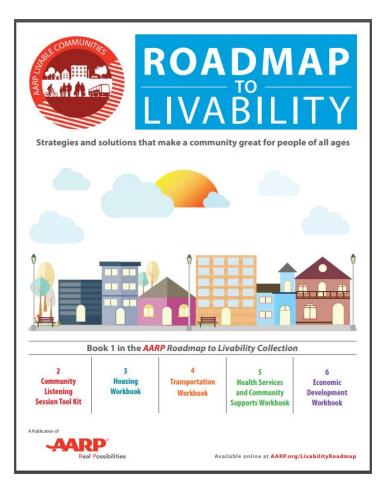
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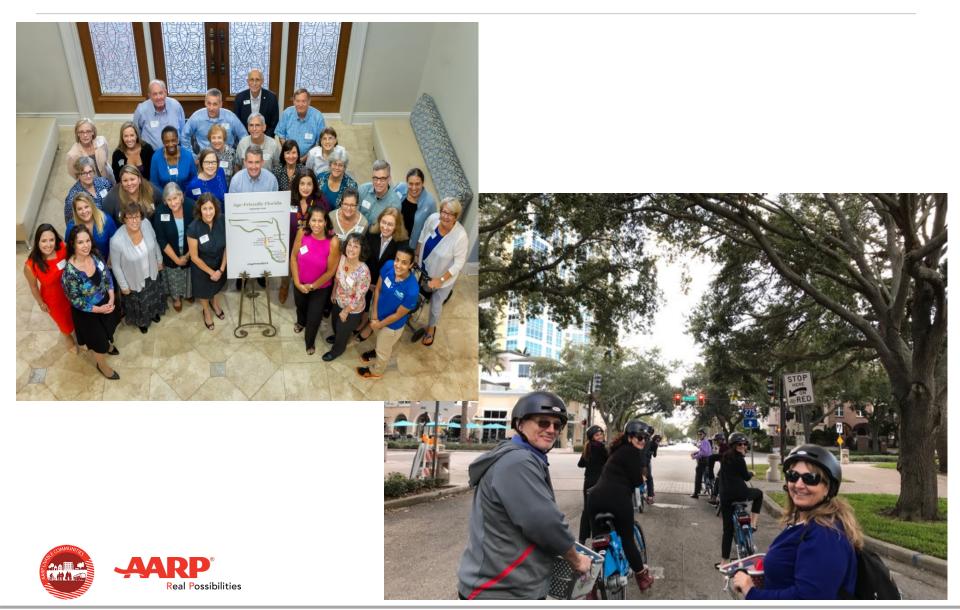
Resources







Age-Friendly Sharing Symposium







AARP.org/LivabilityIndex

AARP Community Challenge





AARP COMMUNITY CHALLENGE

Grants to make communities livable for people of all ages

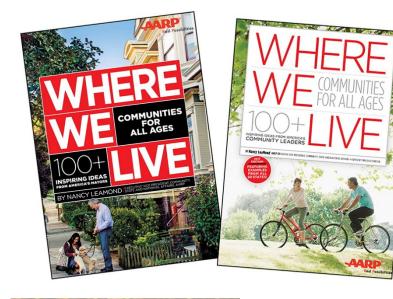
aarp.org/CommunityChallenge

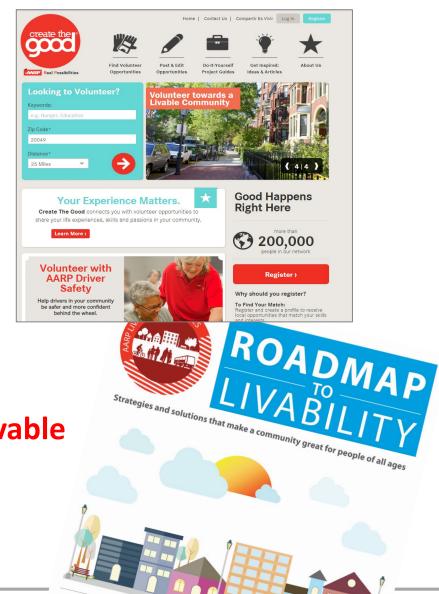






Publications and Online Resources





Bookti



AARP.org/Livable



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Jerome Williams

AARP Florida Executive Council



Dangerous by Design 2016: Florida

Most dangerous metro areas for people walking based on PDI, 2016

2016 rank	Metro area	2016 PDI
1	Cape Coral-Fort Myers, FL	283.1
2	Palm Bay-Melbourne-Titusville, FL	235.2
3	Orlando-Kissimmee-Sanford, FL	234.7
4	Jacksonville, FL	228.7
5	Deltona-Daytona Beach-Ormond Beach, FL	228.2
6	Lakeland-Winter Haven, FL	200.6
7	Tampa-St. Petersburg-Clearwater, FL	192.0
8	Jackson, MS	189.6
9	Memphis, TN-MS-AR	153.3
10	North Port-Sarasota-Bradenton, FL	148.2
11	Miami-Fort Lauderdale-West Palm Beach, FL	145. <mark>1</mark>



What makes a community a great place to live?



Age Friendly Ambassador Training







Pine Hills Community Listening Session





When poll is active, respond at **PollEv.com/agefriendlyfl** [] Text **AGEFRIENDLYFL** to **37607** once to join

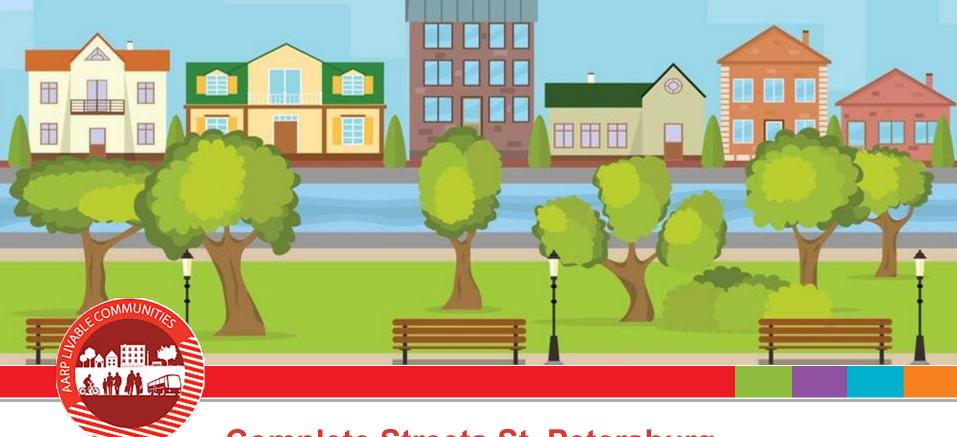




Models for Volunteer Engagement

- Community Volunteers
- Issue Area Volunteers
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Complete Streets St. Petersburg

Brian Kelly, AARP Volunteer Advocate



AARP Volunteer Background



Became interested in advocacy on behalf of seniors. This has taken a few forms.

Worked with AARP lobbying team in Tallahassee to present AARP stance on key bills affecting seniors, e.g. consumer loans, utility service interruptions, elder abuse to legislators.

Florida Utility Ambassador role: study electric utility ratemaking, storm hardening, resiliency with goal of understanding upcoming legislation.

Age-friendly workshop and neighborhood listening sessions.

Complete Streets St. Petersburg





Volunteers + Area(s) of Interest + Study + Team Organization = Successful Volunteer Effort.

Complete Streets St. Petersburg

- Worldwide effort to create transportation systems that work for pedestrians, bicyclists, and vehicles equally.
- Complete Streets Committee
 - Monthly meeting at City Hall to discuss a range of topics, e.g. bike project updates, e.g. MLK, bus stop placement, long range transportation planning.
 - Make recommendations, provide feedback.
 - Composed of City Transportation staff, representatives from CONA, AARP, Dept. of Health, Police, and guest speakers, e.g. PSTA.
 - The City has been presenting the master plan in a series of meetings for the last year.
 - Upon adoption of this Plan, the CSC will continue to meet and provide guidance on the development of complete streets projects within St. Petersburg.
- Goal as volunteer: become a SME in order to follow the program through its 5 year history and communicate to AARP management how the program contributes to livable community goals.

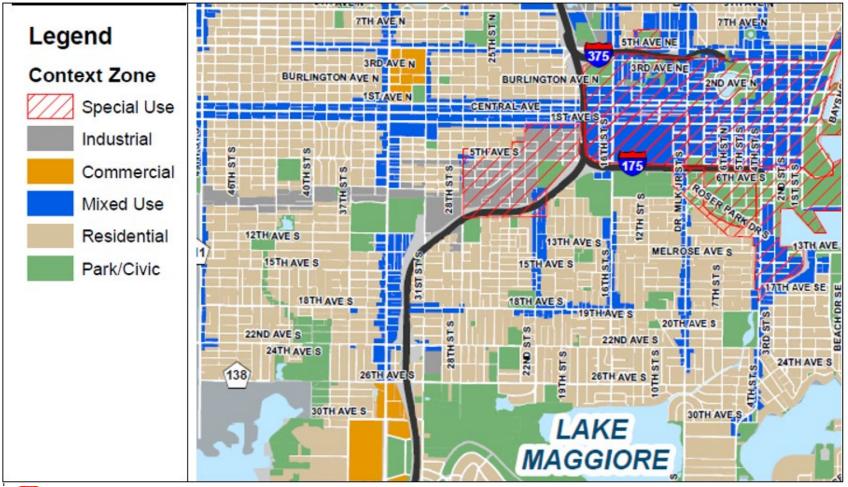


Complete Streets St. Petersburg – Draft Report

- 432 Infrastructure recommendations made across the city over a 10+ year period.
- 216 additional bike route miles; 54 additional trail miles.
- Major elements of the Draft Plan: modal priority maps, desired speed tables, context zones, project phasing maps.
- PSTA projects: Bus rapid transit, electric buses, autonomous buses.
- Recommendations for major streets speed reduction, bike lanes, wider sidewalks, more crosswalks, better lighting, intersection improvements.
- A chance to make useful contributions to ongoing policy.



Street Classification





Dr. Martin Luther King, Jr. Pilot Project

- Mixed use connector: pedestrians, bicycles, vehicles.
- Project scope: $34^{\text{th}} \text{Ave.} \rightarrow 5^{\text{th}} \text{Ave.} \text{N}$.
- One southbound lane eliminated to allow space for bike lanes and medians.
- Traffic volume, crash history analyzed.
- 6 additional crosswalks planned with parallel neighborhood greenway.
- Project began with neighborhood workshops. Speed reduction a major point.
- Goal to reduce average speed from 45 mph to 25 to 30 mph,
- A challenge to balance residential and business needs.
- In test phase now with lane markings only.
- A template for subsequent efforts.





Dr. MLK Jr. St / 9th Avenue Intersection







31st Street @ 7th Avenue North - Traffic Accommodation Proposal

Complete Streets in the Community

- A project to install a diverter at 7th Avenue North and 31st Streets.
- Traffic calming measure intended to prevent jackrabbit sprints from 5th Ave. N. → 7th Ave. N.
- Requested by local residents, similar to many Complete Streets projects.
- City creates
 proposed design.
- Neighborhood comment, Test phase, revision if called for, implementation.

SAFE STREETS NOW

Started from Citizen Advocacy



http://www.tampabay.com/news/publicsafety/accidents/car-bus-crash-kills-one/4412 VISION ZERO IN HILLSBOROUGH COUNTY TODAY

Tampa Bay Times

tampabay.com

Hillsborough County traffic

LORIDA'S BEST NEWSPAPER

Record fatal year: 51 pedestrians die



The 2015 deaths made Hillsborough County the most deadly place to walk in Tampa Bay.

292,000 new job keep U.S perking

SATURDAY, JANUARY 9, 2016

The hiring gains signal staying pow some analysts say.

Associated Press

WASHINGTON - Th continu is motoring a despite slowing global gr that caused upheavals in f cial markets around the this week Employers added a n 290,000 jots last month, an unemployment rate stave at 5 percent, the Labor D ment, said Pri day Job sains in the Octoher December Marke quarter averaged 284,000, still fal the best three The Dow monithing to are anotherp since last Janucent.con ing the wo The strong weekinto hiring undersearch Al scores the restiisnes of the United States at a time o global growth and financimail Healthy consumer st

ience of the United States at a time of global growth and financia mult Healthy construers of ing, models gains in home struction and an uptick in errorment spending should sticking from oversear and ster growth this year, comm

saat. The report "immediately to rest a lot of the worries the U.S. economy will o undone due to the intensi global he adwinds corning o

A pedestrian

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Avenue at

High School Student Video Contest

✓ 32 entries✓ 78 participants✓ 7 high schools





- Goal: Peer-to-peer messaging
- Judges: Hillsborough Community College Media Production Class



A collaboration of:



Hillsborough MPO Metropolitan Planning for Transportation





Lessons from VISIONZERO Cities

VISION ZERO is a national movement	ZERO is the right number	We get what we build for	Traffic violence is a public health crisis	Storytelling is central
Reducing speeds is critical- and possible	Implementation & enforcement must be equitable	Data isn't a one-way street	Not just about individual drivers	Ensure everyone has a voice

VISION ZERO CONCEPTS AND PRINCIPLES



The Vision Zero Coalition wide range of people and professions



Vision Zero Workshop 1

What is Vision Zero – National Expert Action Track Teams – Breakout Brainstorming

• Paint Saves Lives

pop-up street design interventions

• One Message, Many Voices

communications and engagement

• Consistent & Fair

Enforcement

• The Future Will Not Be Like the Past

roadway design standards and culture change





Vision Zero Action Plan Workshop 1

Over the summer, the MPO's Policy Committee hosted a community roundtable meeting on the concept of Vision Zero and exciting Vision Zero initiatives in cities around the U.S. The 40+ participants agreed that a Vision Zero Action Plan is needed for our community.



Please join us in creating a Vision Zero Tampa Action Plan!

What

Prepare to roll up your sleeves and join the Vision Zero Tampa Coalition!

This will be the first of four workshops to create, and begin implementing, an action plan that leads us to zero traffic fatalities in Hillsborough County.

Light refreshments will be provided.

Where

Ragan Park Community Center 1200 E. Lake Avenue Tampa, FL 33805



When

October 25, 2016 from 9am-11am

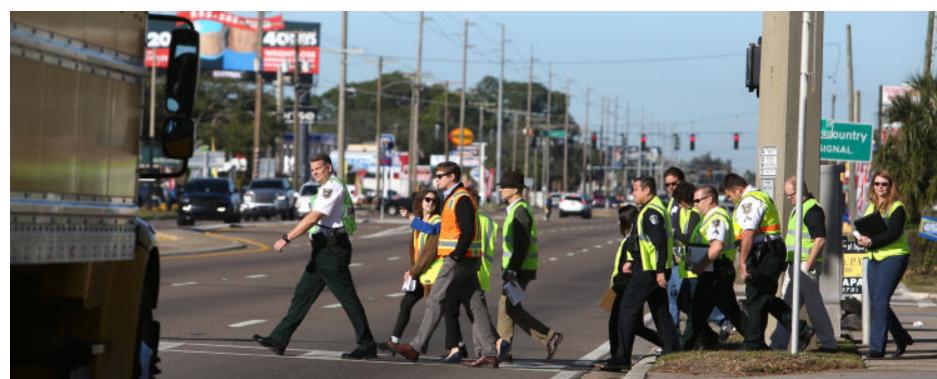
RSVP

RSVP

We'd like to have a name tag ready for you at the meeting, so please let us know if you can make it.

Vision Zero Workshop 2 "Consistent & Fair" Team

- On-Street Audit
- Action Track Teams Refine Action Plan



Tampa Bay Times, February 1, 2017: "Hillsborough planners take to streets to study pedestrian safety"



Want to make a difference?

This is your opportunity to join the Vision Zero Coalition for our second of four workshops to develop the #VisionZero&13 Action Plan. Walk slide by slide with county commissioners, city councilmen, law enforcement officials, business leaders, and executive directors as we take a first-hand look at traffic hazards and find ways to make concrete changes for safety.

When and where to join in!

Tuesday, January 31, 2017 8:30a Coffee social 9:00a - 11:00a Walking audits & focus groups

Town 'N Country Library 7605 Paula Drive, Tampa

The MPO does nondeprintnes in any offs programs or san loss. Public participation is solicited withour regarding race, color, national origin, age, sao, religion, disability or family states. Learn more aboutput commitments non-deprintmento.

Persons needing interprets services or accommodator for a disability in order to participate in this meeting, free of charge, are encouraged to contact Michale Oghrie, 675075-0775, x517 three business days in advance of the meeting.



The MPO's Policy Committee has organized a community effort in developing a Vision Zero Action Plan for Tampa, Temple Terrace, Plant City and unincorporated Hillsborough.



Please join us in reducing our traffic deaths to Zero!



One traffic death is too many.

Questions? Gena Torres | 813/273-3774 x357 | torresg@planoom.org

Vision Zero Workshop 3

"Paint saves lives" Team

- Paint temporary green bike lane
- Draft Action Plan prioritize strategies







Vision Zero Workshop 4

"One message, many voices" Team

Engage victims of traffic violence and their families Approve Final Action Plan



SAFE STREETS NOW VISIONZERO ONE TRAFFIC DEATH IS TOO MANY

VISION ZERO ACTION PLAN

PREMIERING 08.22.17 at the TAMPA THEATRE

ONE MESSAGE





MANY VOICES

LET THEIR VOICES BE HEARD

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#VisionZERO813 planhillsborough.org/vision-zero

Consistent & Fair





Vision Zero Corridor Engagement & Community Organizing

- King High School
- Islamic Society Mosque
- City of Temple Terrace
- University Community Center
- Local pastors









Paint Saves Lives









CLEVELAND ELEMENTARY SCHOOL

MURAL PAINTING DAY!

Join us as we paint the winning student's mural design on the street in front of the school!



Hillsborough County PUBLIC SCHOOLS Excellence in Education

Sat. December 15th 10 AM - NOON

723 E. Hamilton Ave.

Refreshments and snacks will be provided.

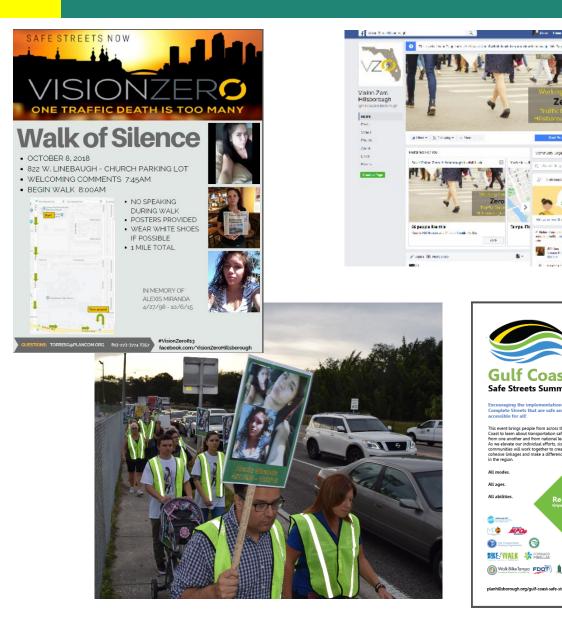
For further information please contact torresg@plancom.org

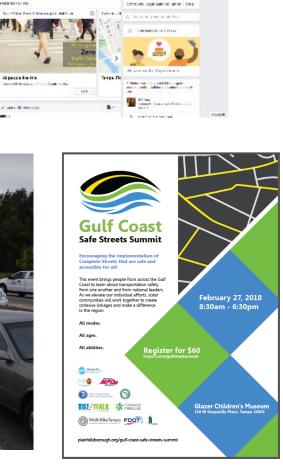




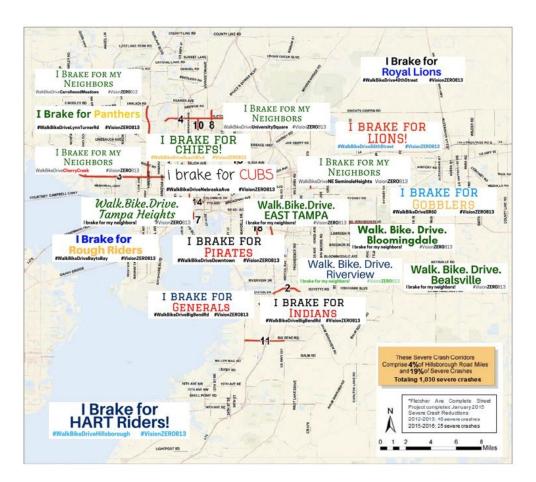
VISIONZERO

One Message, Many Voices





All and and



Where does Vision Zero go from here?

Hold Quarterly Meetings: ✓August 28, 2018

- November 29, 2018
 - 6pm-8pm
 - River Room, Julian B. Lane
- February 2019
- May 2019





Form Executive Committee:

- Speakers
- Heroes
- Events
- Heartache



Speakers



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Daron Acemoglu Shawn Achor Happiness speaker Shawn Achor

In the face of increasing automation, we've teaches the most popular class at been far too complacent, argues M.I.T.'s Daron Acemogiu. We're at a tipping point. Harvard—a class on positive Either we close the skills gap and prepare for the future of work-for... the university, and is the CEO...



Wajahat Ali



Darby Allen

What does it feel like to be a Muslim today, in the era of Trump? How can we come together to overcome Islamophobia and harmful stereotypes? Wajahat Ali—who regularly appears on CNN to discuss... evacuation in...



psychology. Achor has earned over a



Isabel Allende

During the catastrophic Alberta A literary legend, a social activist, and a feminist icon, Isabel Allende—now in the fourth decade of a career like no other— has sold over 50 million books in over 30 languages. The massive audiences… wildfires, fire chief Darby Allen shot to global acclaim for guiding the 88,000 residents of Fort McMurray to safety with no loss of life-the largest



BEARCH





Hills

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sidents, businesspeople, health professionals, representatives of the media, law enforcement, schools, local governments, and others collaborate on the steps needed to take traffic safety to the next level in our community! We can't do this with you!

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-mail		
ex: myname@example.com		
ex: myname@example.com		

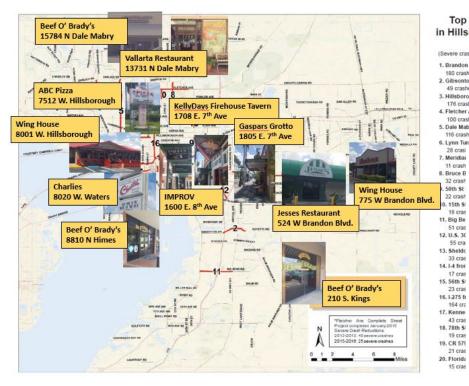








Heroes



Top 20 Severe Crash Corridors in Hillsborough County (2012 - 2016) All Modes

- (Severe crash = A crash resulting in a fatality or incapacitating injury)
- 1. Brandon Blvd from Falkenburg Rd to Dover Rd (7.18 miles) 180 crashes (25 crashes per mile)
- 2. Gibsonton Dr/Boyette Rd from I-75 to Balm Riverview Rd (2.33 miles) 49 crashes (21 crashes per mile)
- 3. Hillsborough Ave from Longboat Blvd to Florida Ave (8.87 miles) 176 crashes (19.8 crashes per mile)
- 4. Fletcher Ave from Armenia Ave to 50th St (5.09 miles) 100 crashes (19.6 crashes per mile)*
- 5. Dale Mabry from Hillsborough Ave to Bearss Ave (6.17 miles) 116 crashes (18.8 crashes per mile)
- 6. Lynn Turner from Gunn Hwy to Ehrlich Rd (1.51 miles) 28 crasi

7. Meridiai Be a 11 crash 8. Bruce B **Vision Zero** 32 crash . 50th St 22 crash hero! 0. 15th St 18 cras

Remember drivers, 11. Big Be every passenger and 51 cras 12. U.S. 30 person walking or cycling 55 cra is someone's loved one. 13. Sheldc 33 cras Take the Vision Zero 14. I-4 fror safety pledge: 17 cras 15. 56th St Stay calm 23 cras Pay attention 16. I-275 ft 164 cra Slow down 17. Kenne Travel sober 43 cras 18, 78th St

#VisionZER0813

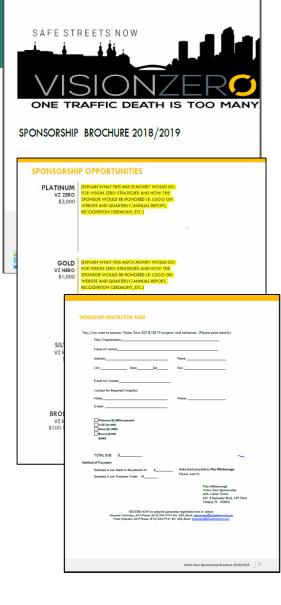
PlanHillsborou

19 cras

21 cras

15 cras











Zero

Zero traffic deaths.

It's the right number



Events















Heartache







Franklin Street between Jackson & Whiting Vision Zcro Hillsborough

The heartache never ends...

Lilia and Leilo died miles apart on May 22, 2018, both victims of preventable traffic crashes. Lillia, 21 months, the youngest to die in Hillsborough County this year, was in stroller being pushed by her mother on Bayshore Boulevara when they were struck and killed by speeding teenagers. Leila, 64, called her doughter Angel that afternoon to tell her about the wicely publicized harrific doytime crash. Hours later, Leila too would be dead, after being hit while crossing 40th Street to catch her bus. L'Ilia and Leilo are just two of the "21 people killed in preventable Hoffic grashes in Hillsbarough County" so far this year. Vision Zero Hillsborough is working to to reduce that number to zero. Held #driveoownheortoche. Join usl #V sonZero813

www.planhillsborough.org/vision-zero/





Image: 100 (100 - 100

WHAT VOLUNTEERS CAN DO

- Join the Vision Zero Coalition
- Participate in upcoming events (listed on webpage)
- Distribute the Action Plan & Let Their Voices be Heard Video
- Follow our Facebook page
- Visit the Vision Zero webpage:
 - Sign the Vision Zero Pledge
 - Share Your Story
 - Book a presentation
- Sponsor a future painted intersection or outreach material production



Contact Information



Gena Torres Executive Planner torresg@plancom.org • 813.273.3774 x357

planhillsborough.org

All incoming and outgoing messages are subject to public records inspection.

Visit the Vision Zero Hillsborough Webpage http://www.planhillsborough.org/vision-zero/







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